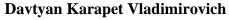
# **OUR DOCTORS**





Head of the Department of Cardiac Rhythm and Conduction Disorders, Cardiovascular Surgeon,

Doctor of Medical Sciences

Doctor of the highest category

Work experience 23 years

Specialization: arrhythmology, cardiovascular surgery.

Membership in associations and professional communities: Member of the Board of the All-Russian Scientific Society of Arrhythmologists, member of the Russian and European Cardiology Societies.

Internships and training abroad: Hungary, France, Germany, Belgium, Holland, Portugal.

Area of professional interests: cardiac rhythm and conduction disorders, heart failure, sudden cardiac

death.

Foreign language skills: English, Armenian



#### Yavelov Igor Semyonovich

Cardiologist, Doctor of Medical Sciences, Professor, Head of the Department of Fundamental and Clinical Problems of Thrombosis in Non-Communicable Diseases

30 years of work experience

Membership in professional organizations and community: Member of the European Society of Cardiology (ESC), European Association of Emergency Cardiology (ACCA), Russian Cardiology Society (RCO), National Society of Atherothrombosis (NOAT), Society of Emergency Cardiology Specialists (OSNK).

Specialization: cardiology

Area of professional interests: emergency cardiology, thrombosis in the clinic of internal medicine.

Foreign language skills: English





Senior Researcher, Candidate of Medical Sciences, ERSR Sleep Medicine Expert

Work experience of 27 years

Specialization: sleep medicine, functional diagnostics, cardiology.

Area of professional interests: clinical aspects of sleep medicine.

Internships and training abroad: Sweden (2009), Germany (2012, 2016), Finland (2018).

Membership in associations and professional societies: sleep medicine expert of the European

Society for Sleep Research Foreign language skills: English



### Lavrenova Evgenia Alexandrovna

Physician endocrinologist-dietitologist

Total work experience - 17 years

Higher education in specialty "Medicine", FGAOU VO I.M. Sechenov First Moscow State Medical University - Sechenov University (formerly I.M. Sechenov Moscow Medical Academy), 2004 (gold medal).

Clinical residency in specialty "Endocrinology"

Internship in specialty "Therapy"

Professional retraining in specialty "Dietetics", N.I. Pirogov RNIMU, 2016.

Valid certificates in specialties:

"Therapy" for the period up to 2025

"Dietetics" for a period up to 2025

"Endocrinology" for the period up to 2025.

Membership in associations and professional communities: Member of the Russian Association of Endocrinologists.

Area of professional interests: diagnosis, treatment and prevention of diabetes mellitus, obesity, pathology of thyroid gland, adrenal glands, disorders of phosphorus-calcium metabolism, as well as more rare endocrine diseases, in accordance with modern clinical recommendations. Individual approach in the choice of obesity treatment tactics, taking into account comorbidities, teaching patients the basic principles of a healthy nutritional system, support and correction of diet at the stage of training.

Along with clinical work, he conducts research activities, participates in presentations at specialized scientific and practical events, is an author and co-author of scientific publications in peer-reviewed Russian and foreign publications, is a member of working groups for the development of methodological and clinical recommendations, and is also the secretary of the Profile Commission on Therapy and General Medical Practice of the Expert Council in the field of health care of the Ministry of Health of Russia

Diseases treated by the specialist: diabetes mellitus, obesity, thyroid diseases, osteoporosis, adrenal pathology; prolactinoma, non-sugar diabetes and other endocrine gland dysfunctions. Foreign language skills: English



#### Ershova Alexandra Igorevna

Cardiologist, lipidologist, therapist, functional diagnostician, Doctor of Medical Sciences, Head of Clinomics Laboratory, Deputy Director for Basic Science

Work experience of 14 years

Specialization: cardiology, therapy, functional diagnostics, lipidology.

Membership in associations and professional communities: member of the board of the National Society for the Study of Atherosclerosis (NOA), member of the Russian Society of Cardiology (RSC), member of the European Society of Cardiology (ESC), member of the European Atherosclerosis Society (EAS).

Grants and scholarships: participant of the EAS Young Fellows Program Internships and training abroad: International Atherosclerosis Research School (iARs) 2010 (Hamburg, Germany).

Area of professional interests: atherosclerosis, lipid metabolism disorders, genetics.

Foreign language skills: English



## Meshkov Alexei Nikolayevich

Lipidologist, Candidate of Medical Sciences, Head of the Laboratory of Molecular Genetics

Specialization: cardiology, lipidology

Area of professional interests: lipid metabolism disorders, genetics.

Foreign language skills: English



### Skripnikova Irina Anatolievna

Head of the Osteoporosis Clinic. Leading researcher of the department of osteoporosis prevention and comorbid conditions, Doctor of Medical Sciences, osteoporosis specialist

Specialization: rheumatology

Area of professional interests: osteoporosis and comorbid conditions, osteoarthritis.

Foreign language skills: English



#### SHUKUROV FIRDAVS BAKHODUROVICH

doctor of X-ray surgical methods of diagnostics and treatment, senior researcher of the department of innovative endovascular methods of prevention and treatment of cardiovascular diseases, Candidate of Medical Sciences.

Specialization: doctor of X-ray endovascular diagnostics and treatment.

Area of professional interests: endovascular treatment of complex forms of CHD with application of modern methods of visualization and intravascular hemodynamics to assess the quality of intervention, endovascular treatment of atherosclerotic lesions of carotid and other arterial basins with application of modern protection and debulking systems, transcatheter aortic valve implantation (TAVI).

Knowledge of foreign languages: English (C1), Tajik (B1), Croatian (B1).