

CHECK-UP "DIAGNOSIS AND TREATMENT OF OVERWEIGHT AND OBESITY"

The program is based on the principles of evidence-based medicine (only necessary examinations) and allows:

- identify endocrine diseases that provoke weight gain
- select treatment to correct the identified disorders with subsequent normalization of body weight
- make recommendations for further monitoring and maintenance of the achieved body weight.

Cost: 36 490 rubles

Duration: 1 day outpatient

CHECK-UP "DIAGNOSIS AND TREATMENT OF OSTEOPOROSIS"

Osteoporosis can cause fractures of any bone, but the most common are fractures of the spine, femoral neck and radius.

CHECK-UP includes all necessary laboratory tests and diagnostics for early detection of the disease.

Cost: 49 910 rubles

Duration: 1 day outpatient

CHECK-UP "DIAGNOSIS AND TREATMENT OF SLEEP DISORDERS"

Chronic sleep deprivation reduces prolonged concentration and memory. Sleep deprivation affects carbohydrate metabolism and hormonal system, weakens the immune system of the body.

Cost: 34 210 rubles

Duration: 3 days inpatient

CHECK-UP "HELP TO QUIT SMOKING"

If you smoke, the best thing you can do for yourself and your children is to kick your addiction as soon as possible.

Cost: 23 710 rubles

Duration: 8 days outpatient

CHECK-UP "GASTROSCREENING"

Allows you to identify disorders in the gastrointestinal tract, assess predisposition to the development of diseases of the digestive system, prevent the development of pathologies in the digestive system.

Cost: 50 510 rubles

Duration: 1 day outpatient

CHECK-UP "CARDIO-STANDARD"

Early detection of heart and vascular diseases, diagnosis of hidden and obvious hypertension, which without treatment can lead to heart attack, stroke, renal failure.

Cost: 30 160 rubles

Duration: 1 day outpatient

CHECK-UP "NEUROLOGY-STANDARD"

Designed to prevent the risk of vascular pathologies of the brain, identify risk factors, genetic predisposition, signs of incipient diseases.

Cost: 31 310 rubles

Duration: 1 day outpatient

CHECK-UP "UROLOGY - MEN"

It is aimed at a comprehensive assessment of the state of men's health.

Allows to identify risk factors for the development of various pathologies, assess cancer risks, timely start treatment and prevention of diseases.

Cost: 18 310 rubles

Duration: 1 day outpatient

CHECK-UP "UROLOGY - WOMEN"

It is aimed at a comprehensive assessment of women's health.

Allows to identify risk factors for the development of various pathologies, assess cancer risks, timely start treatment and prevention of disease development

Cost: 21 110 rubles

Duration: 1 day outpatient

CHECK-UP "ENDOCRINOLOGY"

Allows you to identify the risks of diabetes, pre-diabetes, hidden forms of the disease, pathologies of the endocrine system in the early stages, when many diseases are asymptomatic or with minimal manifestations.

Cost: 21 810 rubles

Duration: 1 day outpatient

CHECK-UP "TRAUMATOLOGY"

Aimed at diagnosing diseases of connective tissue and musculoskeletal apparatus.

Cost: 20 510 rubles

Duration: 1 day outpatient

CHECK-UP "GYNECOLOGY"

Allows to carry out in a short period of time a comprehensive check-up of the organs of the genital system for the purpose of timely detection of potentially dangerous diseases of the female reproductive system in the early stages of development or potential predisposition to them, detection of acute and chronic inflammatory processes and problems of reproductive function.

Cost: 17 310 rubles

Duration: 1 day outpatient

CHECK-UP "SURGERY"

A comprehensive examination program aimed at early detection of diseases and assessment of predisposition to various diseases.

Cost: 22 610 rubles

Duration: 1 day outpatient

CHECK-UP "OPHTHALMOLOGY"

Regular monitoring of the state of the visual system is necessary for those who have suffered any traumas and inflammatory diseases of the eyes, people with aggravated heredity, those suffering from high degrees of nearsightedness and farsightedness, and everyone undergoing a long-term course of hormone therapy.

Cost: 39 460 rubles

Duration: 1 day outpatient