

# Russian Federation

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# General information

- Population: 146 267 288
  - Population proportion between ages 30 and 70 years: 54.5%
  - Three unique geopolitical/socioeconomic facts:
    - The population with incomes below the subsistence level - 11,2%
    - All NCDs are estimated to account for 86% of total deaths
    - cardiovascular diseases, cancers, chronic respiratory diseases and diabetes – 68%
    - The probability of dying between ages 30 and 70 years from the 4 main NCDs is 30% , life expectancy is 71 years
- (2014 g)

Consider as reference: <http://www.who.int/nmh/countries/en/>

# Innovative achievements since 2011

## Which best practices and lessons learned would you like to share with others?

<b>Targets</b>	<ul style="list-style-type: none"> <li>According with the State Program "Development of Health" in comparison with 2015 by 2020, reduction in overall mortality is provided by 13.5% (from 2006 to 2014, the total mortality decreased by 18.4%); CVD mortality in 2015 was 633 100 thousand, which corresponds to the target in 2019.; reducing alcohol consumption as compared to 2015 by 2020 provided 13.6% of tobacco consumption in comparison to 2015 by the year 2020 by 23.3% (male tobacco use from 2003 to 2013 decreased by 27% ).</li> </ul>
<b>Multisectoral NCD action plans</b>	<ul style="list-style-type: none"> <li>State Program "Development of Health" was designed in 2011. The Federal and Regional Commissions for the protection of citizens health was formed In the Russian Federation in 2012. In 2016, the National Strategy fight against NCDs, on which in 2017 will be developed by the National Plan for NCD.</li> </ul>
<b>Risk factors</b>	<ul style="list-style-type: none"> <li>Government and regional programs "Development of the Health Care System"</li> <li>"Action plan on the prevention of cardiovascular diseases in all regions of Russian Federation in 2015»</li> <li>The best practices in an interagency approach to the prevention of NCDs existing in Russian Federation (National, regional and municipal levels)</li> </ul>
<b>Management of NCDs</b>	<ul style="list-style-type: none"> <li>The program fight against hypertension, 802 health centers, NCD screening system, the system will of treatment strokes and heart attacks in all regions of the country, health care modernization program, the significant increase in CABG and PCI transactions from 2006 to 2014, better control of arterial pressure and cholesterol level in primary care</li> </ul>

## As a national NCD leader, what are your most important bottlenecks/barriers/challenges to contribute to the attainment of the 9 global NCD targets for 2025?

Bottlenecks/barriers/challenges	
<b>Targets</b>	<ul style="list-style-type: none"> <li>National plan for a full cross-sectoral basis not was designed</li> </ul>
<b>Multisectoral NCD action plans</b>	<ul style="list-style-type: none"> <li>The state program "Health Development" contains a number of elements of cross-sectoral cooperation, but for the development of effective full-fledged cross-sectoral plan was the time necessary for the preparation of decision-makers in various sectors</li> </ul>
<b>Risk factors</b>	<ul style="list-style-type: none"> <li>In the Russian Federation from 2003 to 2013, there was a significant decrease in the prevalence of tobacco use among men by 27%, and alcohol, as well as hypertension in women by 20%, but at the same time in men over 10 years in 2 times increased prevalence of obesity, which significantly as was the reason for the growth of hypertension in men by 20%.</li> </ul>
<b>Management of NCDs</b>	<ul style="list-style-type: none"> <li>Scale screening system works only three years.</li> <li>Coverage of dispensary observation only 50% of patients with NCD.</li> <li>Achieving target levels of blood pressure values is not more than 40% and not more than 50% cholesterol.</li> <li>Not enough implementation of PCI, CABG, stroke thrombolysis.</li> <li>Incomplete coverage of beneficiary drug coverage.</li> </ul>

# As a national NCD leader, which tools have best assisted you in developing and implementing national multisectoral NCD policies and plans?

## National, regional and international tools

### Development

- Government and regional programmes “Development of the Health Care System”
- Government and regional commissions on health protection
- Federal Law «Regulations of health protection from environmental tobacco exposure and consequences of tobacco products use»
- Regulations of the non-infectious diseases prevention
- "Action plan on the prevention of cardio-vascular diseases in all regions of Russian Federation in 2015»
- Global action plan for the prevention and control of NCDs 2013-2020
- WHO tools to prevent and control noncommunicable diseases

### Implementation

- Global Action Plan for the Prevention and control of NCD
- WHO Health-in-All Policies Manual
- Russian National Guideline on NCD prevention
- The best practices in an interagency approach to the prevention of NCDs existing in Russian Federation (National, regional and municipal levels)

### Monitoring

- Development of the system for evaluation of implementation of the regional prevention programmes including adaptation and approbation of STEPs in four regions and National multicenter survey Epidemiology of Cardiovascular disease and risk factors in 12 of RF (ESSE-RF, 2013)
- WHO STEPS Surveillance Support Materials

## Sustainable Development Goals 2016-2030

**Are addressing NCDs considered to be relevant for the development in your national context?**

- Yes. Creation of National Strategy for NCD prevention has started with creation of National Plan for NCD prevention as the next step

**Has your government started to formulate a national SDG response?**

- Yes

**Will NCDs be considered in the national SDG response?**

- Yes

